

Dear Patients and Friends,

As we continue to follow the current events happening regarding COVID-19, we want to let you know your health and well-being remain our top priority. As an essential healthcare service, we understand you rely on us for your health and well-being, and we continue to be here to help you stay healthy at a time when self-care has never been so important.

We know there are many stressors surrounding the COVID-19 virus and we want to inform you of the steps we are taking at this time. In addition to our current high standards of cleanliness and hygiene, we will be taking extra precautions to ensure we are providing a safe environment for our patients, staff, and doctors.

As always, we are disinfecting our hands between each patient encounter, and we will be disinfecting high contact areas throughout the day, including both treatment and nontreatment areas in the office. Treatment tables, therapy tables, and equipment are disinfected after each patient encounter.

If you feel more comfortable, call us from the parking lot, we will check you in and call you when it is time for you to be seen.

Lastly, we have proactively removed all magazines, books, and children's toys from the office as an extra precaution to remove any unnecessary risks to you and your family.

Masks/Face Coverings are highly recommended but not required in the office. Providers and staff will wear masks in patient contact areas.

When you first arrive at the office, we ask you to please disinfect your hands by either using hand sanitizer or washing your hands thoroughly. Before you enter any of the treatment areas, we ask you to, again, wash your hands thoroughly with soap and water or use hand sanitizer.

Please do not enter the office if you have experienced any of the following or have tested positive for COVID in the last 5 days. We ask that you do not enter the office if you have any of the following symptoms:

fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting or diarrhea.

Remember, taking care of your health has never been so important, both body and mind. Please call our office or speak with us directly during your visit if you have questions about this information or ways in which you can help to keep your immune system healthy. Follow Us/Like us on Facebook at www.facebook.com/familyccr for additional updates.