

Dear Patients and Friends,

As we continue to follow the current events happening regarding COVID-19, we want to let you know your health and well-being remain our top priority. As an essential healthcare service, we understand you rely on us for your health and well-being, and we continue to be here to help you stay healthy at a time when self-care has never been so important.

The CDC updated its recommendations for healthcare personnel to no longer require masks in healthcare settings. As a result, masks remain recommended under certain circumstances but are no longer required for all patients and staff at the office.

The decision to wear a mask, or to have your doctor wear a mask, is up to you. At the start of your appointment, please inform the doctor whether you would like them to wear a mask. The doctors and staff may also choose to wear a mask at their discretion.

Please note there are certain times we will ask you to wear a mask:

If you are not feeling well, and especially if you are experiencing respiratory symptoms we will ask you to wear a mask. We also request that you call the office before coming in, so we can evaluate the best course of action for your visit.

If you have a known recent exposure to someone who has tested positive for COVID-19, we ask that you wear a mask when coming to the office.

Please do not enter the office if you have tested positive for COVID in the last 5 days. We ask that you do not enter the office if you have any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, new loss of taste or smell, nausea or vomiting or diarrhea.

Remember, taking care of your health has never been so important, both body and mind. Please call our office or speak with us directly during your visit if you have questions about this information or ways in which you can help to keep your immune system healthy. Follow us/Like us on Facebook at www.facebook.com/familyccr for additional updates.